## CONNDR'S RUN

SUPPORTING BRAIN MATTERS

## CONNECTING YOUR FITNESS TRACKER TO YOUR FUNDRAISING PAGE

**Step 1** Log into your Connor's Run Account

> **Step 2** Click on Fitness Activity

**Step 3** Scroll down to connect to Strava

**Step 4** Log into your Strava account

**Step 5** Set your distance goal and start tracking!

**Step 6** Scrolling down you can also input your fitness activities manually or through Fitbit.







Add	Activity
-----	----------

You can manually add any activity you have completed using the options below. Important: If you logged your activity via an app, it will take 24 hours for your activity to appear on your page.

Date *		Activity Type *	
		Select option	-
Distance (kms) *		Steps	
Duration (mins)			
	(optional)		

Connect additional fitness apps

